

**Positive changes happen when individuals, organizations and communities come together to solve tough challenges.** As the economy continues to struggle with inflation and government program reductions, more and more families are facing hunger. And companies that normally donate food are unable to because of supply chain shortages.

**Last year, the Food Bank and our community partners saw the greatest demand for food in our more than 40-year history** — yet we still managed to innovate and introduce new programs, helping even more people in need access nutritious meals.

**Total requests for food rose to just under 1.34 million in 2022, an increase of 29% over 2021 and up 14% from 2020 figures.** Through our partners, we distributed 11.1 million meals, up 5% from 2021 and in line with pre-pandemic numbers.

**A total of 14.3 million pounds was distributed in 2022,** down from 2021 and 2020 numbers, but consistent with figures for 2019. Fresh produce distribution was at 2.7 million pounds, a drop of 1% from 2021 but an increase of 11% over 2020 figures.

Growth continued in areas like **our School Food Centers,** where seven new centers

opened in the past year throughout our six-county service area, several of which are open to the public as well as the school population. We hope to see these centers expand to 20 by the end of 2023.

A total of 16 Impact Grants and 19 Cold Storage Grants were awarded to partner pantries, allowing them to operate more efficiently in serving their communities.

Partnerships with healthcare providers also increased to include our **Health Meets Home program** in conjunction with Arnot Health and LECOM, and the creation of our **Kitchen Stork program,** which provides food deliveries for pregnant and postpartum mothers and their families in need located in Chemung County.

Our volunteers have worked tirelessly throughout the year, providing an essential lifeline for so many families. And with more people turning to us for help than ever before, our work is as important as ever.

**Your generosity has empowered us to respond to the growing crisis with compassion and support.** This report reflects on our success and shows how we have been able to positively transform lives because of your support. Together, we can continue our support to those in need.

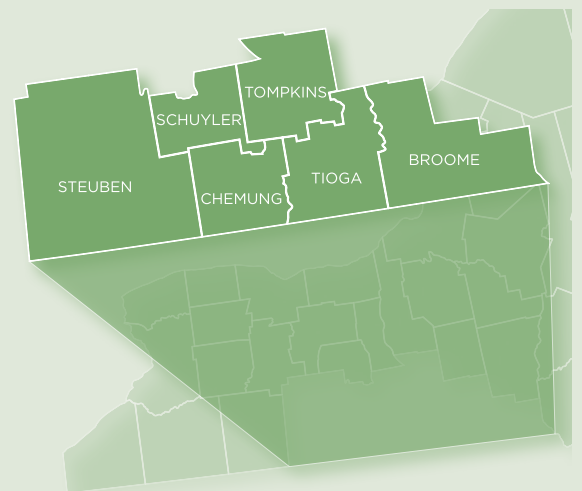
## The Need



→ **1 in 8** people in the Southern Tier are at risk of hunger.



→ **17%** Southern Tier children (or 1 in 6) are food insecure.

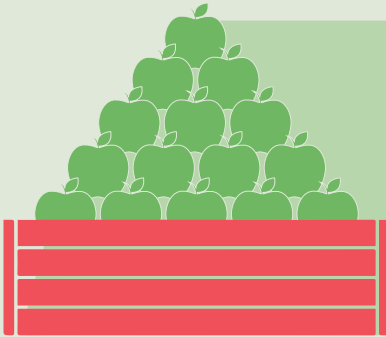


With your help

# We're Fighting Hunger

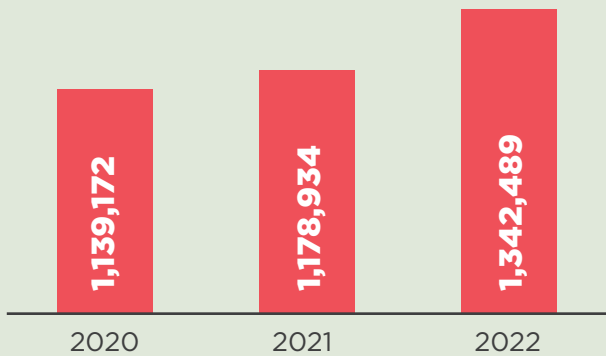


→ In 2022, we distributed **11,107,681** meals (the equivalent of **14,303,349** million pounds of food).



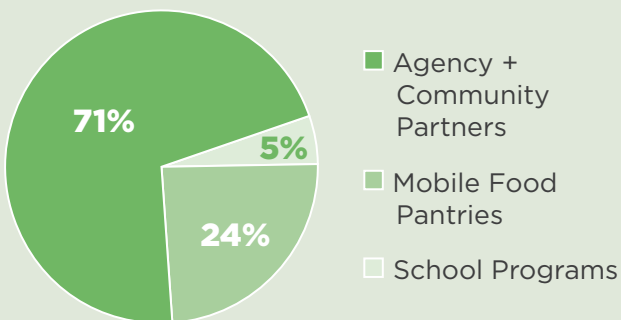
Last year, the Food Bank and our community partners saw the greatest demand for food in our more than 40-year history. Through our commitment to good food, which often weighs less, we can stretch it further and more efficiently.

## Meals Requested



- We distribute food in multiple ways: our agency and community partners, Mobile Food Pantries, and school-based programs.
- In 2022, we received **1,342,489** requests for food across all programs and partners.
  - Partners providing on-site meals responded to **608,700** requests for food.
  - Our network providing grocery items responded to **586,967** requests for food, a 25% increase compared to 2021 and 12% increase over 2019 (pre-COVID).

## Meals Distributed



- **1 in 3** grocery requests — **37%** — were for children.
- **1 in 6** — **16%** — were for seniors.
- Of the total pounds distributed, **2,728,602** were fresh produce.

# Your Investments Support Innovation

→ Strategic investments supported core outcomes of good food, increased access, and strategic collaboration through:



## Network & Program Capacity Building

Expanded Diaper Bank program to **56** sites — including **6** School Food Centers — and **659,480** baby/toddler diapers distributed, up from **259,325** diapers in 2021, in addition to **46,840** adult incontinence items.



## Client-Driven Services

Added **4** new Community Advocates Program participants and completed refresh training for **9** program graduates.



## Healthcare Partnerships

Launched Kitchen Stork project for pregnant and postpartum mothers and their families, with **50** active participants.



## Service Insights

On-boarded **15** additional partner agencies to FreshTrak, a data insights tool designed to help our partners better serve their clients, for a total of **56**.

In 2022, our school-based food support included:

**5** College Pantries



**75,136** BackPacks of food delivered through **42** partner school districts



**7** new School Food Centers in 2022, for a total of **10** sites, served **3,326** households

**21** Kids' Farmers Market sites



# Your Time, Talent, and Treasure Make a Difference

**12,761** volunteer hours in 2022

**10,462** financial donors

**415** education workshop participants

**34** Board and Committee Members



## Statement of Financial Position\*

SUPPORT & REVENUE	2022	EXPENSES	2022
Food-in-kind assistance	<b>\$9,587,092</b>	Program	<b>\$20,342,086</b>
Grants	<b>\$7,171,492</b>	Fundraising	<b>\$1,175,073</b>
Contributions	<b>\$2,526,203</b>	Administrative	<b>\$594,955</b>
Fundraising	<b>\$1,947,919</b>		
Program fees	<b>\$1,336,310</b>	Total Expenses	<b>\$22,112,114</b>
Investment income	<b>(\$482,519)</b>		
Other income	<b>\$256,160</b>		
<b>Total Support &amp; Revenue</b>	<b>\$22,342,658</b>		

*\*These are preliminary numbers as of March 2023. Audited financials will be approved later this spring and available at [www.foodbankst.org](http://www.foodbankst.org).*

