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Food Bank Glossary of Terms

AmeriCorps

Federal volunteer program similar to the Peace Corps, however the volunteers work in the United States. The Food Bank and some member agencies have hosted AmeriCorps members.

BackPack Program™

Many children who receive free and reduced priced school meals are left without the nutrition they need on weekends and holiday breaks when school is not in session. The Food Bank of the Southern Tier's BackPack Program™ attempts to reduce this gap by providing children who are at risk of hunger with a bag of nutritious food each Friday throughout the school year. The program helps children return to school on Monday ready to learn. Started as a pilot program with 3 sites in October 2005, the Food Bank has expanded the BackPack Program™ to all 41 school districts in our six county service area.

Best Practices

The most efficient and effective way of accomplishing a task, based on repeatable business practices that have proven themselves over time for large numbers of people.

CACFP: Child and Adult Care Food Program

A federal program that provides meals and snacks to children in public or private nonprofit child care centers and Head Start programs; and also to adults in nonresidential adult day care centers. CACFP also provides meals to children residing in homeless shelters, as well as snacks and suppers through after school care programs.

CNR: Child Nutrition Reauthorization

The Child Nutrition and WIC (Special Supplemental Program for Women, Infants, and Children) Reauthorization Act, or Child Nutrition Reauthorization (CNR) for short authorizes all of the federal child nutrition programs, many of which are school-based meal programs. These programs help ensure that low-income children have access to healthy and nutritious foods year-round. To ensure the continuation of these child nutrition programs, Congress must reauthorize them approximately every five years.

FaHN: Food and Health Network of South-Central NY (SCNY)

An eight-county coalition of diverse stakeholders working to build food-secure communities and a strong regional food system through collaboration. FaHN is an interdisciplinary, systematic, and regional approach to impact South Central NY's food system. The Food Bank is a member of FaHN. www.foodandhealthnetwork.org



Feeding America:

Feeding America is the nation's largest domestic hunger-relief organization—a powerful and efficient network of 200 food banks across the country. Feeding America secures donations from national food and grocery manufacturers, retailers, shippers, packers and growers and from government agencies and other organizations. Feeding America then moves donated food and grocery product to member food banks, such as the Food Bank of the Southern Tier.

FBST: Food Bank of the Southern Tier

Established in 1981 and headquartered in Elmira, NY, the Food Bank of the Southern Tier distributes food and other grocery products to people in need through a network of more than 150 partner agencies including food pantries, meal programs, shelters and other hunger relief organizations in Broome, Chemung, Schuyler, Steuben, Tioga and Tompkins Counties. The Food Bank also administers several direct service food distribution programs including the Backpack Program™ and Mobile Food Pantry. The Food Bank is a member of Feeding America and a regional agency of Catholic Charities of the Diocese of Rochester.

FIFO: First In, First Out

First In, First Out is a best practice for managing the quality and safety of food. It is a method of inventory rotation in which the oldest items are shipped/distributed first to minimize waste.

Food Bank vs Food Pantry

A community food pantry's mission is to directly serve local residents who suffer from hunger and food insecurity within a specified area.

Independent community food pantries are self-governing and usually distribute food to their clients on a once-a-month basis.

A food bank is the storehouse for millions of pounds of food and other products that go out to the community. A food pantry functions as the arms that reach out to that community directly.

Food Insecurity

When the availability of nutritionally adequate and safe foods or the ability to acquire acceptable foods in socially acceptable ways is limited or uncertain.

FPL: Federal Poverty Line

A measure used to determine the household income level for a family to be considered in poverty. The measurement was developed in 1965 by multiplying the USDA's economy food plan by three. The measurement is updated each year based on price increases reflected in the Consumer Price Index. Also referred to as the Poverty Line.

FRAC: Food Research and Action Center

An anti-hunger research and advocacy organization headquartered in Washington, D.C. Feeding America's annual spring policy conference is co-hosted with FRAC, and FRAC often works in partnership with FA on public policy issues.

Gleaning:

Gleaning is the act of harvesting excess or unmarketable produce from a farm. The Bible contains a number of references to the practice as a way to feed the needy.

Good Samaritan Law:

The Bill Emerson Good Samaritan Act of 1996: P.L. 104-210 (October 1, 1996) was designed to encourage the donation of food and groceries to non-profit charitable agencies. The law says that any business that donates to a non-profit organization in good faith is protected from legal liability should a donated product later cause harm to the end user/client. Visit the Food Bank's [website](#) for more information.

Hunger:

A potential consequence of food insecurity that, because of prolonged, involuntary lack of food, results in discomfort, illness, weakness, or pain that goes beyond the usual uneasy sensation.

HPNAP: Hunger Prevention and Nutrition Assistance Program

A program of the New York State Department of Health that assists Emergency Food Programs in providing enough adequate, nutritious food to clients through means such as the HPNAP Food Grant and HPNAP Operations Support - Capital Equipment Grant.

HPNAP Food Grant:

A HPNAP grant provided to emergency food programs (pantries, kitchens, and shelters) that are partner agencies of the Food Bank for the acquisition of nutritious foods. Allocations are made based on service to the community and good standing with the Food Bank.

HPNAP OS-CE Grant: HPNAP Operations Support-Capital Equipment Grant

A HPNAP grant provided to emergency food programs (pantries, kitchens, and shelters) that apply and are awarded funding, regardless of whether they are a partner agency of the Food Bank. Agencies can be awarded funds to cover Operations costs such as staff, utilities, space, transportation, and food service disposables and/or Capital Equipment costs for large pieces of equipment such as fridges and freezers. Funding periods run from July to June. Applications are typically made available in late March or early April, and are due in May. Applications and additional materials can be found on the Food Bank's website, www.foodbankst.org.

JSY: Just Say Yes to Fruits and Vegetables Program

A New York State nutrition education program operated through the Food Bank in which clients of pantries and MFPs can sample and learn how to prepare new recipes. Learn to eat healthier and get more out of their food budget. The Food Bank currently has two JSY nutritionists on staff who work with our Food Bank partner agencies.

MFP: Mobile Food Pantry Program

The Mobile Food Pantry is a converted beverage truck used to deliver fresh produce, dairy products, and other food and grocery products directly to distribution sites where people need food. In the Southern Tier, this program was originally implemented as a means to provide food in very rural areas in which few other resources for food exists. The Food Bank's MFP program distributes only donated and TEFAP items (as opposed to product the Food Bank purchases) and is meant to be a supplement to food accessed

by clients at “brick and mortar” pantries. There are no requirements of any kind to access product at an MFP – all are welcome.

NOEP: Nutrition Outreach and Education Program

A Supplemental Nutrition Assistance Program (SNAP) outreach program, through which representatives offer screenings and enrollment help for potential SNAP beneficiaries at no cost. Each county has its own NOEP representative and the Food Bank currently employs the Chemung County representative.

NSLP: National School Lunch Program

A federal program that provides free or reduced price lunches to more than 30 million low-income children in over 99,000 public and non-profit private schools and residential child care institutions each school day. The Food and Nutrition Service administers the program at the federal level. At the state level, the NSLP is usually administered by state education agencies, which operate the program through agreements with school food authorities. The NSLP is the nation’s second largest food and nutrition assistance program. (Source: [USDA Economic Research Service](#))

PAR: Plant a Row for the Hungry

Launched in 1995, Plant a Row is a public service program of the Garden Writers Association and the GWA Foundation. Garden writers are asked to encourage their readers/listeners to plant an extra row of produce each year and donate their surplus to local food banks, meal programs and service organizations to help feed America’s hungry. For more information, visit www.gardenwriters.org.

PDP: Partner – Driven Pounds

A program launched by the Food Bank of the Southern Tier in 2015 in which partner agencies of the Food Bank report donations received from sources other than the Food Bank. The goal is to accurately capture data that reflects-the hunger-relief efforts in the Southern Tier.

SBP: School Breakfast Program

A federally assisted meal program that operates in the same manner as the National School Lunch Program to provide free or reduced cost breakfast to children each school day.

SFSP: Summer Food Service Program

A federal program that provides meals to children in low-income areas during school vacations when kids do not have access to school breakfast or lunch. The SFSP is the single largest federal resource available for local sponsors who want to combine a feeding program with a summer activity program.

SMF: Shared Maintenance Fee

A fee to help cover part of the Food Bank’s handling expenses including transportation of the food from the donor to the food bank, unloading, repacking, and eventual distribution to our partner agencies. As of 2015, agencies incur a SMF of \$0.18 per pound or less.

SNAP: Supplemental Nutrition Assistance Program

The new name of the federal Food Stamp Program. A federal program that enables low-income people to buy nutritious food with coupons and Electronic Benefits Transfer (EBT) cards at authorized retail food stores.

SSI: Supplemental Security Income

Federal cash assistance program for the disabled and elderly poor people; administered by the Social Security Administration.

TANF: Temporary Aid to Needy Families

Federal block grant that replaced Aid to Families with Dependent Children (AFDC) in 1996. TANF provides short-term, transitional assistance to needy families with the goal of promoting work and moving families to self-sufficiency.

TEFAP: The Emergency Food Service Program

This program is operated by the United States Department of Agriculture (USDA). This is the program through which emergency food programs access federal commodities, such as dried lentils. From the USDA website: "The Emergency Food Assistance Program (TEFAP) is a Federal program that helps supplement the diets of low-income Americans, including elderly people, by providing them with emergency food and nutrition assistance at no cost.

USDA: United States Department of Agriculture

This federal agency is responsible for, among other things, administering federal nutrition programs including the Food Stamp, School Lunch, School Breakfast, TEFAP, CSFP and WIC Programs, and ensuring the safety of meat, poultry, and egg products.

Universal School Breakfast

School breakfast programs which provide breakfast at no cost to all students in the school. Currently schools are eligible to apply for participation in this program if 51% or more of their student population qualify for free meals.

VISTA: Volunteers in Service to America

One of the three programs operated under AmeriCorps, in which participants work directly with organizations working to address poverty.

VDC: Venison Donation Coalition

Established in 1999, the VDC utilizes New York's deer resource to help those in need. Through this program, hunters can donate venison to the Food Bank at no cost to the hunter as long as the deer is 1) field dressed 2) legally-tagged and 3) brought to a VDC participating processor. For more information, visit venisondonation.com.

WIC: Special Supplemental Nutrition Program for Women, Infants, and Children

A federal grant program administered by state health departments or comparable agencies that provides nutritious foods, nutrition counseling, and referrals to health and other social services. WIC serves low-income pregnant, postpartum, and breastfeeding women, and infants and children up to age 5 who are at nutrition risk.

The Special Supplemental Nutrition Program for Women, Infants and Children (WIC) offers nutrition education, referrals and a variety of nutritious foods to low-income

pregnant, breastfeeding or postpartum women, infants and children up to age five to promote and support good health. The foods provided through WIC are a good source of nutrients often missing from the diets of women and young children.

Working Poor: A term used to describe people who maintain regular employment, but remain in poverty due to low wages and obstacles that make it difficult to save money.