Food Bank of the Southern Tier
Questions for Potential Board Candidates

The Nominating & Corporate Governance Committee of the Food Bank of the Southern Tier seeks to learn more about your interest in joining our Board of Directors. Please review the position description for service (attached) to better understand the roles and responsibilities of a Food Bank Board Member.

Potential Board Members are also asked to respond to the following questions which will be shared with the members of the Nominating & Corporate Governance Committee.

Date August 11, 2021 I Suppo

Full Name: Kathleen M. Rasmussen

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Occupation (current and/or past):

Current: Nancy Schlegel Meinig Professor of Maternal and Child Nutrition, Cornell University (trainee or faculty member at Cornell since 1978)

Volunteer Activities/Board Services (current and/or past):

PAST
*President of two scientific societies (American Society for Nutritional Sciences, International Society for Research in Human Milk and Lactation)

What is your personal or professional experience with the Food Bank?

My undergraduate course is titled Public Health Nutrition, which includes the various kinds of assurance against food insecurity provided both by the government and the private sector. Matt Griffen has been kind enough to come to talk to my class about the food bank's program for many years. Last year, I attended the four sessions that served as a detailed primer on what the FBST

What about the Food Bank motivates you to consider serving on its Board of Directors?

The FBST is a linchpin organization in 6 counties for preventing food insecurity as it supports so many local organizations, including in Ithaca. I have been impressed with how well the organization is run in general as well as its response to the pandemic. My knowledge of public health and nutrition complement the skillsets of those currently on the Board of Directors.

What would you hope to gain or learn from your participation on the Food Bank Board?

I am motivated to participate in the Food Bank Board by my desire to be of service to the local community on a topic in which I have professional expertise.

In what areas of board service do you see – or would you like to see – yourself making a meaningful contribution?

It is likely too soon to tell without more personal experience with the FBST. I see myself as able to provide links between the nutritional aspects of addressing food insecurity and health, with a focus on mothers and their children.

What experience, skills, abilities, and/or talents do you bring to the Food Bank and its Board of Directors?

I am a scientist, so I must think clearly and solve problems as they arise. I am an educator and mentor, so I am able to explain complex concepts to others and help them to grow professionally. I am a leader in my field, so I take a broad view and am able to see issues and problems from multiple points of view and work with others to address them.

Please send your completed form along with a copy of your resume or a brief biographical statement to Lynn Dates at lynn.dates@foodbankst.org.

Thank you very much for your interest in the Food Bank of the Southern Tier!