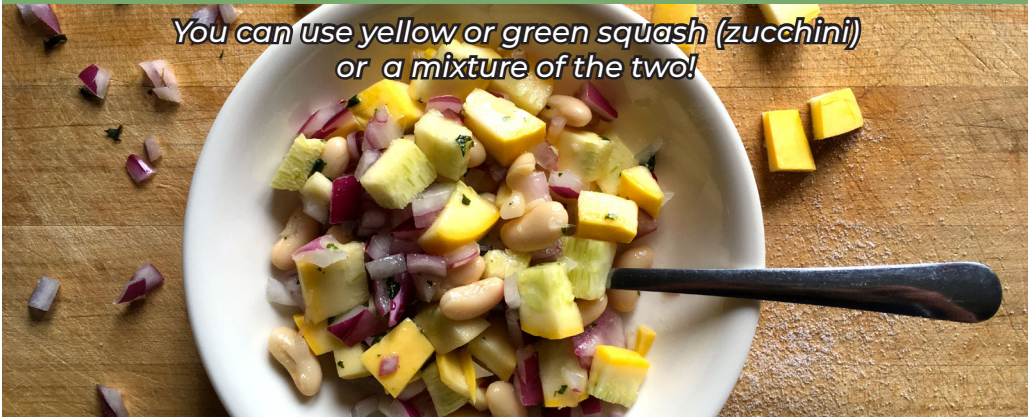


SUMMER SQUASH AND WHITE BEAN SALAD

*You can use yellow or green squash (zucchini)
or a mixture of the two!*



**food
bank**
of the Southern Tier

Just Say Yes
To Fruits & Vegetables
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FIDELIS CARE®

SUMMER SQUASH AND WHITE BEAN SALAD

SERVES 10 • SERVING: ¾ CUP

Just Say Yes

To Fruits & Vegetables

INGREDIENTS:

- 4 cups diced summer squash
- 1 cup chopped red onion
- 1 19-ounce can drained and rinsed cannellini beans
- 2 tablespoons vegetable oil
- ¼ cup apple cider vinegar
- ½ tablespoon chopped rosemary
- Salt and pepper to taste

DIRECTIONS:

1. In a large bowl, combine summer squash, onion, and beans.
2. In a small bowl, mix oil, vinegar, rosemary, salt, and pepper.
3. Pour oil mixture over bean-squash mixture and toss.
4. Chill, serve and enjoy!
5. Refrigerate leftovers.

For more great recipes visit www.foodbankst.org/jsy

Recipe provided in partnership by the Food Bank's Just Say Yes to Fruits & Vegetables Program as funded through the USDA's Supplemental Nutrition Assistance Program – SNAP.